

Grant me to see my own sins

[Print](#)
[Print](#)

ANTON ZORAN MUSIC, Man with joined hands, 1994

Patristic reading

Lord and Master of my life, keep far from me the spirit of futility, discouragement, lust for power, and empty speech

Lord and Master of my life,
keep far from me the spirit of futility,
discouragement, lust for power, and empty speech.

Grant to your servant
the spirit of chastity, humility,
patience and love.

Yes, my Lord and king,
grant me to see my own sins
and not to judge my neighbour.
For you are blessed for ever.
Amen.

St Ephrem the Syrian
Prayer for Lent